



## **Learning and Empowerment through Experiential Programs (LEEP)**

Prairie View Process Solutions presents an innovative and affordable way to positively impact learning and behavior. Informed by our work in special purpose schools, drawing on over 10 years of outcomes research, and utilizing our expertise in experiential learning and adventure, we have developed a program with demonstrated results.

**LEEP** blends on-site experiential learning activities with a day on our adventure course to deliver a powerful program that helps students explore and value differences, gain self-awareness and personal confidence, learn teamwork, and develop key competencies such as empathy, assertiveness, self-acceptance, and role compliance. And, we back it up by measuring results with our nationally recognized self-efficacy outcomes tool, the Perceived Competence of Functioning Inventory (PCFI). Finally, we provide you with a detailed report showing your results so that you can demonstrate return on investment for your stakeholders.

### **Program Components**

**LEEP** can be completed within 8 weeks, and includes:

- **Experiential Learning:** Six, 1-hour experiential learning sessions with a group of up to 12 students. Sessions are conducted at your school by a trained facilitator during the school day.
- **Adventure Course:** The program is culminated when students spend a day on our adventure course in Newton.
- **Control Group:** We will track outcomes, using the PCFI<sup>®</sup>, for up to 20 students not involved in LEEP to provide comparison group data.
- **Outcomes Measurement and Report:** The PCFI<sup>®</sup> is administered to students at the beginning and end of the program, and results are provided in a detailed outcomes report.

**Cost:** \$2500 plus travel costs

### **Ways you can enhance and customize LEEP for your needs.**

- Track and link LEEP outcomes with key behavioral and academic measures.
- Connect LEEP participation with specific student goals.
- Organize a special ceremony or graduation to signify completion of the program.
- Encourage journaling about experiences.
- Prairie View Process Solutions provides a variety of workshops specifically designed to train teachers and school counselors in the tools we use.